



Discover the hidden talents in you. Discover a whole new dimension to you. Discover the secret of happiness and life. YEP is a platform for like minded people for all this and more!



Embark on a thrilling adventure at the Youth Empowerment Program (YEP) where you can challenge yourself and face your fears head-on. Whether you're conquering a daunting obstacle course, testing your limits on a daring hike, or trying out an exciting new activity, YEP is the perfect place to push yourself beyond your comfort zone.



## YEP OVER THE AGES

Thirteen YEP batches have been completed successfully since 2002 under the mentorship of Swami Mitrananda and Swami Swatmananda. So far, 494 young individuals have taken part in this initiative, positively impacting numerous youths and children through their dedicated efforts. Moving forward with the guidance of Swami Swaroopananda, the Global Head of Chinmaya Mission, the dynamic leadership of Swami Anukoolananda, the National Convenor of All India Chinmaya Yuvakendra, will drive the program forward.

For More Details  
Connect with us



[www.chinmayayuvakendra.com](http://www.chinmayayuvakendra.com)

@chykindia

**HARNESSING YOUTH  
POTENTIAL  
THROUGH DYNAMIC  
SPIRITUALITY**

# 14TH BATCH YOUTH EMPOWERMENT PROGRAM

AN INITIATIVE BY  
ALL INDIA CHINMAYA YUVA KENDRA



## Youth Empowerment Program (YEP) 2024

(A Value Based Leadership Program for Graduates up to 28 Years)

Learn! Serve! Grow!

Systematic Study | Interactive Workshops |  
Networking Opportunities | Live-in Training Sessions  
| Personal Growth | Inspiring Adventures | Heritage  
Discovery | Youth Empowerment |

JULY 15TH  
2024

TRAINING PERIOD - 3 MONTHS  
SERVICE PERIOD - 9 MONTHS

Last Date to Register - June 30th '24



<https://bit.ly/yep24>



# THE PROGRAM

YEP is a unique value based leadership programme for the dynamic youth who want to empower themselves, contribute towards nation building and Hindu cultural revival. The programme will be facilitated by Swami Anukoolananda, Swamins/Brahmacharins of Chinmaya Mission, Youth experts, Leaders and Professionals from various walks of life. Students will be evaluated through projects and assignments. Finally selected students will receive 100 % scholarship which covers boarding, lodging and training.

## VISION FOR YEP

LEARN FOR 3

MONTHS

SERVE FOR 9

MONTHS

GROW FOR LIFE

1

YEAR

FOR GRADUATES

UPTO

28 YEARS

OF AGE



## LEARN FOR 3 MONTHS

Fundamentals of Hindu Culture, Vedanta & Spirituality, Yoga, Vedic Chanting, Spiritual Sadhanas, Celebration of Festivals etc.

Learn through travel, adventure, sports & games, soft skills and leadership training, public speaking & team-work

## SERVE FOR 9 MONTHS

Serve at Chinmaya Mission Centres and Chinmaya Vidyalayas and Colleges, conduct workshops, camps, and classes for children and youth.

Collaborate on projects for nation-building and cultural preservation and learn management skills. You will be provided with basic accommodation, meals, and a nominal stipend.



## GROW FOR LIFE

Upon completing the 1 year program, you will earn certification as Yuvaveers, gaining holistic development, self-confidence and dedication - the key factors for success in your life.

Celebrating 108 years of Swami Chinmayananda



*Chyk*

## ALL INDIA CHINMAYA YUVAKENDRA

GLOBAL YOUTH WING OF CHINMAYA MISSION



In May 1975, Chinmaya Yuva Kendra (CHYK) was established in Chinmaya Mission, Bangalore, following a Youth camp during the National Geeta Gnana Yagna by Pujya Gurudev. Aimed at youth aged 18 to 25, CHYK focuses on spiritual growth through Vedanta teachings, fostering a community of like-minded individuals.

CHYK is your breeding ground for leadership and greatness. Unleash your inner leader through exclusive training, immersive workshops, and exhilarating projects. Ignite a flame within others and become the catalyst for their growth.