



Dharmena Dhaaryate Lokah

The world is supported /
held together by Dharma

Dharma in Sanskrit means that which is the very essence and substratum which upholds, nourishes, sustains and integrates. Sweetness is the dharma of sugar for without sweetness sugar is not sugar.

Values uphold one's character, nourish our lives, sustains joy, gives meaning to life and integrates the society. Hence values are called Dharma. At a deeper level the Lord Himself is called Dharma. He is the very essence of the world of names and forms and sustains and nourishes it.

Then who is a Dharma Sevak? He is one who humbly and daringly nourishes the right values, seeks the Lord within and serves Him through service to Mankind.



Welcome to Chinmaya Gardens.

The Salient features

- ★ Experience the joy of Gurukula living
- ★ Learn the fundamentals of Vedanta/ Jnana Yoga (Prakarana granthas, Upanishads, Geeta), Bhakti Yoga (Portions of Ramayana and Bhagvatam), Karma Yoga and Ashtanga Yoga (Asana, Pranayama)
- ★ Learn the fundamentals of Sanskrit Language.
- ★ Learn how to conduct and be firmly grounded in spiritual practices (sadhanas) like Meditation, Japa, Puja, Homa.
- ★ Celebrate auspicious occasions like Raksha Bandan, Janmashtami, Ganesh Chaturthi
- ★ Bond with the Global Chinmaya Mission through the various activities and learn how to be a sevak/sevika of grass root activities like Bala Vihar and Study Classes.

Accommodation: Comfortable sharing rooms with attached bathrooms.

Food: Sattvik Vegetarian food will be served.

Course Donation: (Includes food and accommodation. Does not include course material)

- ★ Rs. 13,000/- (US\$ 200) per person
- ★ Rs. 11,000/- (US\$ 170) per person (below 40 years)
- ★ Rs. 6,000/- (US\$ 90) per person (below 25 years)
- ★ Rs. 20,000/- (US\$ 300) per person for air-conditioned accommodation
- ★ Rs. 6,000/- (US\$ 90) per person for dormitory accommodation with common toilets.

For registration and further enquiries contact

Course Coordinator

Administrator, Chinmaya Gardens
Nallur Vayal Post, Coimbatore - 641 114.
Tel/Fax : +91-422-2615637/2613493.
Email : chinmayagarden@gmail.com.
Mobile : +91 9360461566
Website : www.chinmayagardens.com

rainbow (0422) 2548673

We invite you to join

The 15th Six-Week Residential Chinmaya Dharma Sevak Course

(Foundation Course in Vedanta)

In English

Dharmena Dhaaryate Lokah
"The world is upheld,
nourished, sustained and
integrated by Dharma"



at **Chinmaya Gardens,
Coimbatore**

From :
17th July to 27th August 2017

The Founder and the Mission



Pujya Gurudev Swami Chinmayanandaji is one of the greatest saints and visionaries of our times. The Chinmaya Mission has over 300 centres worldwide and has been rendering yeomen service in the spiritual, cultural, educational and social fields thereby transforming the lives of millions. A strong band of Swamins, Brahmacharins and devotees are continuously carrying out the multifaceted activities and projects of the Mission

Chinmaya Dharma Sevak Course

(Foundation Course in Vedanta)

It is a short-term Vedanta Course aimed at giving knowledge and training to sincere seekers and devotees with the essence of Vedanta and set them firmly on the spiritual path. The student of the course will live the life of a seeker (sadhaka) in the Gurukula, under the guidance of the Acharya. **The course is designed to help bring about an inner transformation. On completion of the course the students will be able to contribute to the society as Chinmaya Dharma Sevaks / Sevikas** by propagating the culture and spiritual knowledge gained. The Chinmaya Mission provides a platform for becoming "Dedicated Sevaks of Dharma". **Each Dharma Sevak / Sevika will be awarded a certificate.**

The Temple of Learning

The venue of the Chinmaya Dharma Sevak Course is the **Chinmaya Gardens**, which is nestled at the foothills of the verdant Nilgiri ranges. The ashram is about 30kms away from the hustle and bustle of Coimbatore. The ashram is beautiful, serene and spiritually elevating.

Course Students

Candidates must be below 65 years and of sound health. They must have a strong desire to gain spiritual knowledge and live a spiritual life. They must have sufficient grasp of English. Knowledge of Sanskrit is not a must.

Students above 65 years will only be taken with special permission

Course Acharyas

Acharya: Swamini Vimalananda is the Acharya-in-Charge of Chinmaya Mission, Coimbatore, Member of the Education Cell and Director of the Chinmaya International Residential School. She has traveled widely and has conducted many Gnana Yagnas, Seminars and public talks in English, Hindi, and Gujarati and camps for children, youth and elders. She has also authored many best sellers. Her simple style of talking has captivated the intellectual and faithful alike. She has been the Acharya of the previous fourteen successfully conducted Chinmaya Dharma Sevak Courses.



Upacharya: Brni. Sharanya Chaitanya is a journalist by profession and a Yogacharya by interest. She is a multitalented and versatile person who completed her vedanta course in 2014 at Sandeepany Vidya Mandir, Coimbatore, presently posted at Chinmaya Mission, Chennai.



Application Form

Fill up in BLOCK LETTERS

Name : _____

Age : _____ DOB _____

Male Female

Profession : _____

Address : _____

Phone : _____

Mobile : _____

E mail : _____

Cheque to be in favour of "Chinmaya Garden Trust" and to be sent to the given address

Cheque No. _____

dated _____ drawn on Bank _____

For direct credit to Chinmaya Garden Trust Account :

From within India

Credit to "**Chinmaya Garden Trust**"

Savings Ac. No. 001601005298, ICICI Bank,
Trichy Road Branch (IFSC Code ICIC0000016), Coimbatore

From outside India

Swift Code : BARBINBCCI,

Beneficiary "**Chinmaya Garden Trust**"

Saving Ac. No. 05470100008090

Bank of Baroda, Coimbatore Main Branch, Coimbatore, TN, India

Credit details : _____

Rupees _____

I wish to join the 15th Chinmaya Dharma Sevak Course at Chinmaya Gardens, Coimbatore, abiding by the rules and regulations of the course laid down by the Chinmaya Mission

Date :

Signature